









## Junior High School Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Home-made Chicken Vegetable Soup with Freshly Baked dinner Roll \$3.00	Chicken Stir-Fry with Rice \$4.25	Chicken Taco Bowl Salad \$4.00	Sandwich Central \$3.75-\$5.75	Fajita \$4.00
	Chilli and Tri-colored Nachos \$3.50	Hot Dog and Taters \$4.00	Chicken Quesadilla \$3.50	Crispy Chicken Wrap \$4.00	Chicken Strips and Fries \$4.75
	Turkey Pepperoni Pizza Slice \$2.50	Hawaiian Pizza Slice \$2.50	Veggie Pizza Slice \$2.50	Garlic Fingers \$3.00	Nacho Flat Bread \$4.25
	Panini \$4.25	Turkey Sandwich \$3.00	BLT \$3.00	Ham & Cheese Sandwich \$3.00	Turkey Sandwich \$3.00
<b>Bakery</b>	Chocolate Chip Cookie \$0.55	Carnival Cookie \$0.55 Oatmeal Cookie \$0.55	Chocolate Chip Cookie \$0.55	Carnival Cookie \$0.55 Oatmeal Cookie \$0.55	Chocolate Chip Cookie \$0.55
	Whole Wheat Cinnamon Bun \$1.50	Low Fat Banana Oatmeal muffin \$0.80	Whole Wheat Cinnamon Bun \$1.50	Low Fat Banana Oatmeal muffin \$0.80	Whole Wheat Cinnamon Bun \$1.50
<b>Other</b>	Low Fat Brownie \$0.55	Apple Pizza \$1.50	Strawberry Shortcake Parfait \$2.00	Yogurt and Berry Parfait \$2.00	Apple Crisp \$1.50

## Menu Items Available Daily

	Price		Price
 Low fat Muffin	\$0.80	 Small Water	\$1.25
Toasted Bagel	\$1.50	Minute Maid	\$1.50
Cookie	\$0.55	100% Apple and Orange	
Cereal Bars	\$1.35		
Cinnamon Bun	\$1.50		
		100% Fruit Juice 4oz	\$0.75
Hamburger	\$2.25	Milk, Small, 2% or less MF	\$0.55
Cheese Burger	\$2.75	Milk, Large 2% or less MF	\$1.10
Chicken Burger	\$3.25	Large Water	\$1.75
		Slush Puppie Plus, Small	\$1.75
		Slush Puppie Plus, Large	\$2.50
			
Sandwiches	\$3.00	Homemade Chicken Vegetable Soup	\$2.75
Wraps	\$4.00		
Salads	\$2.50		
Grilled Chicken Caesar Salad	\$3.50		
Veggies & Cheese with Crackers	\$2.50		
Pudding or Jello	\$0.75		<b>RECESS COMBOS</b>
Cookie Pudding Parfait	\$2.00	Cookie & Small Milk	\$1.00
Baked Chips	\$1.35	Muffin & Small Water	\$2.00
Apple Slices	\$1.50	Yogurt Parfait, Cookie, & Small Water	\$3.50
Berry Yogurt Parfait	\$2.00	Sunrise Special, Cookie, Small Water	\$4.00
Small Fruit Salad	\$1.50		
Large Fruit Salad	\$2.50		
Yoourt. Low Fat	\$1.50		